

## HOME THERAPY RED LIGHT WAIST

### User Manual



Relax Muscles + Enhance Circulation



Accelerate Healing + Relieve Pain



Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

## PACKAGE CONTENTS



1. 2. 3. 4. 5.

**1.** This red & infrared light therapy waist belt has light therapy mode and massage mode.

**2.** 2 x DC cable.

**3.** Remote control (time setting: 5 minutes-60 minutes, We offer two light modes (steady light/flashing light) and vibration mode.

**4.** 1x AC Adapter(AC 100-240V).

**5.** 1x Power Cord.

Material:	75 % neoprene and 25% velvet
Effective area:	AC100-240 V or DC 12V DGYAO Portable Battery
Frequency:	50/60 Hz
Wavelength:	660nm+850nm
Light Beads Craft:	SMD
Temperature :	Max 104 °F
time setting:	5 -60 minute
Function:	4 modes

## INTRODUCTION

Thank you for purchasing your  
**DGYAO red & infrared light therapy!**

**Four modes of DGYAO red light therapy waist belt.**

**1. Red Infrared light is on all the time :**  
light intensity is adjustable (L1-L2-H1 -H2-H3)

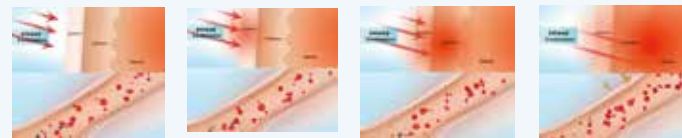
**2. Red infrared light flash mode :**  
light frequency is adjustable  
(00-01-02-03-04-05-06-07-08-09-10)

**3. Vibration massage+red infrared light is on all the time mode:**

Vibration frequency is adjustable when the vibration massage button is on (F0-F1-F2-F3-F4-F5-F6-FF)

**4. Vibration massage+red infrared light flash mode.**

Infrared light (850nm wavelength) + red light (660nm wavelength) Circulation, accelerate nerve regeneration, relieve pain, relax muscles, etc.



We recommend that you regularly use your device at least once a day, to enjoy full results.

We recommend using your device at least once a day for 20 minutes periodically to enjoy the full effect.

## CONTROLLER DESCRIPTION

### Left 2 digits display function

**FunctionA:** (40%-60%-70%-90%-100%)  
low light strength (L1-L2),  
high light strength(H1-H2-H3)

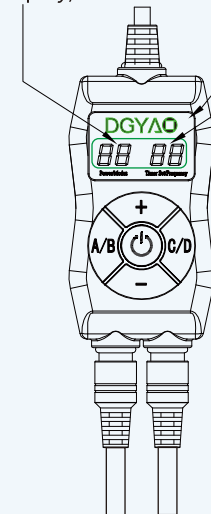
**FunctionB:** {00(steady light)-01HZ-02HZ-03HZ-04HZ-05HZ-06HZ-07HZ-08HZ-09HZ-10HZ}

### Right 2 digits display function

**FunctionC:** 05-10-15-20-25-30-35-60  
(5min-----60min)

**FunctionD:** FO-F1-F2-F3-F4-F5-F6-FF  
(The motor switches off-01-02-03-04-05-06-The motor keeps shaking/  
vibrating)

The left (strength display/ flash display)



LOGO

The right (Time countdown +The motor vibration intensity)



**Button:**  
switch on: press lightly  
switch off: long press for 3s



Up: increase strength/flash/time



Down: reduce strength/flash/time

### A/B Bifunction Button

**A → Light strength setting:** short press the button to enter the strength setting mode (**low→high:** L1-L2-H1-H2-H3).

**B → Light flash setting:** long press the button for 3s to enter the flash setting mode (**Slow-Fast:** 00-01HZ-02HZ-03HZ-04HZ-05HZ-06HZ-07HZ-08HZ-09HZ-10HZ).

### C/D Bifunction Button

**C Time countdown setting:** short press the button to enter the time countdown setting mode.

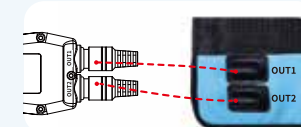
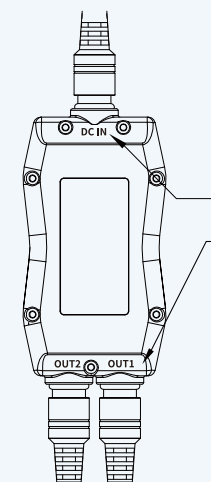
**D The motor vibration intensity setting:** long press the button for 3s to enter the setting mode. (**Slow-Fast:** FO-F1-F2-F3-F4-F5-F6-FF).

### Input voltage:12V

### Out1/Out2:

1: Out1 port of the controller connected with the out1 port on the waist belt.

2: Out2 port of the controller connected with the out2 port on the waist belt.



# RED LIGHT THERAPY WARRANTY

# SPECIFIC WARRANTY POLICY

# FREQUENTLY ASKED QUESTIONS

# CONTACT US

## Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

- 1-Year warranty period.
- 60 days return and replacement warranty and 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return reasons as " I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect its usage.
- Keep the original outer package for successful return.



- Q1: What's the wavelenath of the lights?**  
A1: 660nm red lights and 850nm infrared lights.
- Q2: Does the vibration intensity adjustable?**  
A2: Yes, 7 adjustable intensity levels.
- Q3: Can I use this device in Europe?**  
A3: Yes, you can use it with a EU adaptor.
- Q4: Can the light intensity be adjusted?Can red light therapy be used alone without massage?**  
A4: Yes, red light can be used without massage.
- Q5: Does it need to be plugged into the socket?**  
A5: Yes. There is also another model that is directly connected to the DGYAO power bank and can be used similarly( Sold separately).
- Q6: What voltage can this device be used?**  
A6: The device can be used within AC110-240V.
- Q7: Is it more effective on bare skin than over cloth?**  
A7: Yes, it is more effective on bare skin than over cloth.
- Q8: Are there side effects?**  
A8: Don't worry about it, but please notice you may will have skin irritation if you 're allergic to the fibers.
- Q9: How long will it take to experience relief of device?**  
A9: We recommend using it 2-3 times a day. 20 minutes each time. Take a rest and drink some water to relax yourself between two treatments.
- Q10: What situations I should not use the device?**  
A10: 1. High Fever.Infrared light may increase the temperature of your tissue and can be worsen.  
2. Tumour & tuberculosis.Improper use of infrared radiation may lead to more severe tumors.  
3. Soft tissue badly Injurd. Bruises, sprains, bruises, falls or sport injury cause subcutaneous soft tissue torn bleeding or exudation. Do Not use light therapy within 24-48 hours, otherwise it will increase inflammation and swell.

For more information, please go to the blog of our official website: [www.dgyao.net](http://www.dgyao.net)

- Consumers and clinicians call: +86-139-2922-1675 (Skype) Email: [dgyao@dgyao.net](mailto:dgyao@dgyao.net)
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

## DONG GUAN TOP YAO INDUSTRY CO.,LTD

- Email: [dgyao@dgyao.net](mailto:dgyao@dgyao.net)
- Facebook: @ [dgyaocn](https://www.facebook.com/dgyaocn)
- Skype: +86 139 2922 1675
- Amazon Store: <https://www.amazon.com/dgyao>
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