



RLT-S20-WT



# HOME THERAPY RED LIGHT WAIST & BACK

## User Manual

Relax Muscles + Enhance Circulation

Accelerate Healing + Relieve Pain

Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

## PACKAGE CONTENTS



1. 1x Red & Infrared LED Light Therapy waist & back(Combination of 108pcs 660nm red light chips and 108pcs 880nm near infrared chips.)

2. Remote (with 20-minutes auto shut-off timer)

3. 1x AC Adapter(AC 100-240V) & Power Cord

4. 1x DC Cord

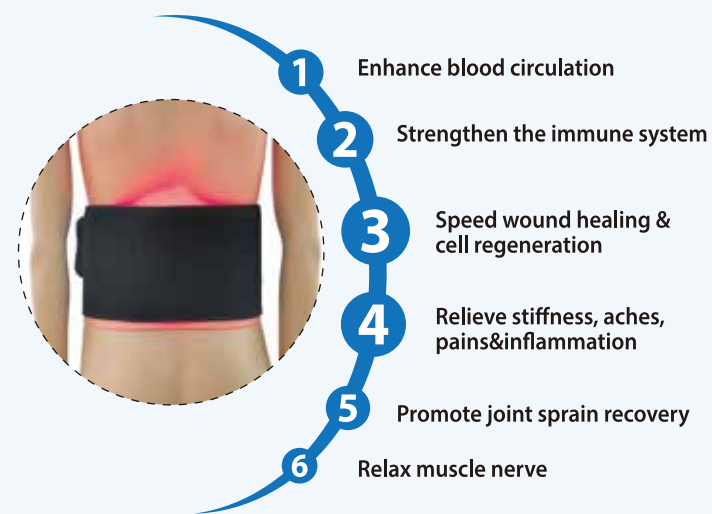
|                    |  |
|--------------------|--|
| Model:             | RLT-S20-WT   |
| Material:          | 75% neoprene and 25% velvet                          |
| Effective area:    | 1pcs 22.6 X 5.5inch                                  |
| Power supply:      | AC100-240 V or DC 12V DGYAO Portable Battery         |
| Frequency:         | 50/60 Hz   |
| Wavelength:        | 660nm+880nm  |
| Number:            | 108pcs 660nm red light & 108 pcs 880nm near infrared |
| Light Beads Craft: | SMD  |
| Temperature :      | Max 104 °F   |
| N.W:               | 320g   |
| G.W:               | 580g   |

## INTRODUCTION

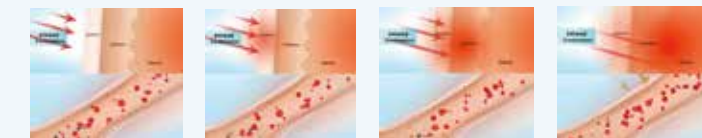
Thank you for purchasing your DGYAO red & infrared light therapy!

Each DGYAO waist pads has built-in infrared lights (880nm wavelength)+red lights (660nm wavelength).Studies have shown that a combination of infrared +red light therapy increases circulation, accelerates nerve regeneration, reduces pain, relaxes muscles, and more.

We recommend using your device at least once a day in 20 minute period to enjoy the full benefits of this powerful light therapy.



## GETTING STARTED



Follow the below instructions to get started and enjoy the benefits of your new device:

1. Connect the DGYAO waist pads to either of the two DC ports on the remote control unit\*Note: Remote has two DC ports. The 2nd port is a spare port for connecting the second waist pad (sold separately).

2. Connect the AC Adapter to the remote

3. Connect power cord to the AC Adapter

4. Plug power cord into outlet (use USA to UK/EUadapter in the UK/Europe)

5. Press the ON/OFF switch on the remote to turn the lights on\* Note: Lights will auto-shut off after 20 minutes.You may turn them back on with the ON/OFF switch. You may use the device multiple times a day, but do NOT exceed 40 minutes of use in one session.

6. For maximum benefit, We recommend that using the light therapy waist pad on naked skin directly

## RED LIGHT THERAPY WARRANTY

### Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

## SPECIFIC WARRANTY POLICY

- 1-Year defects liability period.
- 60 days return and replacement warranty and 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return requests as " I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect usage effect.
- Keep the original outer package for successful return.



## FREQUENTLY ASKED QUESTIONS

### Q1: What's the wavelenath of the liahts?

A1: 660nm in red lights and 880nm in infrared lights.

### Q2: Does it has both red and infrared lights?

A2: With 108pcs near infrared lights + 108pcs red lights, total 216pcs.

### Q3: Can I use this device in Europe?

A3: Yes, you only need a EU adaptor and it can be used in Europe.

### Q4: Does it need to be plugged into the socket?

A4: Yes. There is also another model that is directly connected to the DGYAO power bank and can be used similarly( Sold separately).

### Q5: Can multiple people share the device?

A5: Yes.The device can be used by different people and your pets too if you like.

### Q6: What voltage can this device be used?

A6: The device can be used within AC110-240V.

### Q7: Is it more effective on bare skin than over cloth?

A7: Yes, it is more effective on bare skin than over cloth.

### Q8: Are there side effects?

A8: Don't worry about it, but please notice you may will have skin irritation if you 're allergic to the fibers.

### Q9: How long will it take to experience relief of device?

A9: We recommend wearing it for2-3 therapy sessions perday for the first month.20 minutes each time.Take arest and drink some water to relax yourself before next following use.Please be patient because it may take several weeks to experience optimal relief.

### A10: Can people with heart disease or heart pacemaker use it?

A10: We recommend that you consult your primary care provider or physician when introducing Light Therapy.

- Contact your Doctor if you have any medical questions regarding use of this device.Contact your Doctor prior to using-taking any light.sensitive medications or medical questions.

- Light Sensitivity Test- the User Guide also recommends testing yourself for light sensitivity prioerto initial treatment.

### Q11:What situations should I not use the therapy?

A11: Pain which may benefit from heat can be relieved by red and infrared light therapy.But under some situation,do'NOT use the light therapy:

1. High Fever.Infrared light may increase the temperature of your tissue and can worsen fever.
2. Tumour &tuberculosis.Improper use of infraredradia tion may lead to more severe tumors.
3. Patients fitted with heart pacemaker can NOT use light therapy.
4. Acute soft Tissue Injury. Bruises, sprains,bruises, falls or sport injury cause subcutaneous soft tissue torn bleeding or exudation. Do Not use light therapy within 24-48 hours, otherwise it will increase inflammation and swell.

For more information, please go to the blog of our official website: [www.dgyao.net](http://www.dgyao.net)

## Contact Us

- Consumers and clinicians call: +86-139-2922-1675 (Skype)- for all other questions or customer care needs, please email: [dgyao@dgyao.net](mailto:dgyao@dgyao.net)
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

## DONG GUAN TOP YAO INDUSTRY CO.,LTD

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