



HOME THERAPY RED LIGHT HAND

User Manual

- Relax Muscles + Enhance Circulation
- Accelerate Healing + Relieve Pain
- Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

PACKAGE CONTENTS



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1. 1x Red & Infrared LED Light Therapy Gloves (includes 2x168 red lights & 168 infrared lights)

2. Remote (with 20-minutes auto shut-off timer), We provide two light modes for the device (steady lights / flickering lights), please switch the light mode by pressing the ON/OFF button.

3. 1x AC Adapter (AC 100-240V) & Power Cord

4. 1x DC Cord

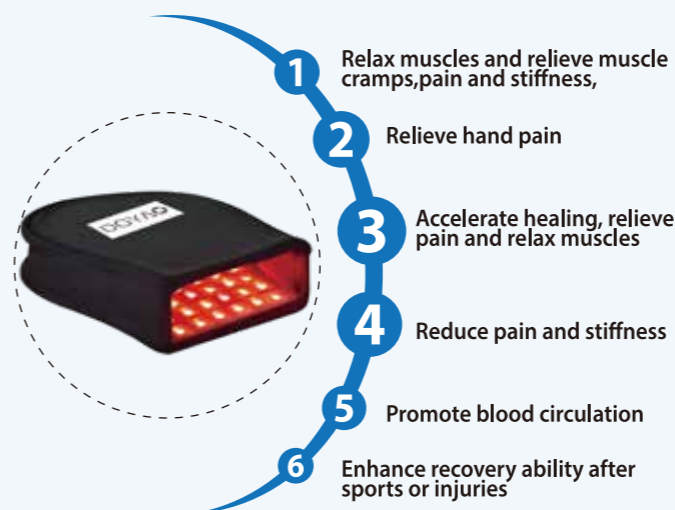
Model:	RLT-S20-HDP
Material:	75% neoprene and 25% velvet
Effective area:	9.8" x 6"
Power supply:	AC 100-240V or DC 12V DGYAO Portable power Bank
Frequency:	50/60 Hz
Wavelength:	660nm+880nm
Temperature:	Max 104 °F
N.W:	690g
G.W:	883g

INTRODUCTION

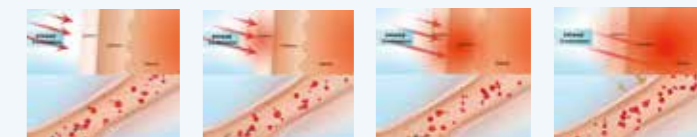
Thank you for purchasing your DGYAO red & infrared light therapy!

Each DGYAO Gloves has built-in infrared lights (880nm wavelength)+red lights (660nm wavelength). Studies have shown that a combination of infrared +red light therapy increases circulation, accelerates nerve regeneration, reduces pain, relaxes muscles, and more.

We recommend using your device at least once a day - in 20 minute period to - enjoy the full benefits of this powerful light therapy.



GETTING STARTED



Follow the below instructions to get started and enjoy the benefits of your new device:

1. Connect the Gloves to either of the two DC ports on the remote control *Note: Remote has two DC ports. The 2nd port is a spare port for connecting a second Gloves (sold separately).

2. Connect the AC Adapter to the remote.

3. Connect power cord to the AC Adapter.

4. Plug the power cord to the power socket (the plug adaptor needed for your country will be provided)

5. Instructions for use (two different light modes)

5.1 Steady Lights Mode : Turn on the lights by pressing the ON/OFF button on the remote control, the lights will shut off automatically after 20 minutes' treatment. You may turn it on again by pressing the ON/OFF button. Press down on the ON/OFF button for about 3 seconds to turn off the lights.

5.2 Flickering Lights Mode: Turn on the lights by pressing the ON/OFF button on the remote control, then press the ON/OFF button again , the device will switch to flickering lights mode (pulse rate :10 HZ). The lights will shut off automatically after 20 minutes' treatment. Please note that when the two light modes are used alternately, the total time is 20 minutes.

RED LIGHT THERAPY WARRANTY

Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

SPECIFIC WARRANTY POLICY

- 1-Year defects liability period.
- 60 days return and replacement warranty 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return requests as " I don't like it", "I don't want it", "the color doesn't t look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect usage effect.
- Keep the original outer package for successful return.



FREQUENTLY ASKED QUESTIONS

- Q1: What should therapy feel like?**
A1: You should feel mild warm-up on your hands and fingers relax.
- Q2: Will it be hot ?**
A2: Not too much.It is warm but in no way it burn you.
- Q3: What's the wavelength of the lights?**
A3: 660nm red light and 880nm infrared light.
- Q4: How many lights are there in total?**
A4: 168 IR LEDs and 2 X 168 RED LEDs.
- Q5: How often should I use the mitten?**
A5: You can use it 1-3 times per day, 20 minutes each time.
Take a rest and drink some water to relax yourself before next following use.
- Q6: Can I use it while traveling?**
A6: No, you need to buy another set. The DGYAO Power Bank set.
- Q7: Can it contact with my skin directly?**
A7: Yes.
- Q8: What is the dimension of the system?**
A8: 9.8" X 6" Therapy area.
- Q9: How long is the connector strips?**
A9: Total 15 ft (4.56 meters).
- Q10: Does it need to be plugged into the socket?**
A10: Yes. U.S. standard Input AC 110-240V,Output DC 12V. EU/UK needs conversion plug.
- Q11: How long will it take to experience relief?**
A11: We recommend wearing it for 2-3 therapy sessions per day for the first month. Please be patient because it may take several weeks to experience optimal relief.
- Q12: Can I use this with pain medications?**
A12: Speak to your doctor about your pain medication use in conjunction with our wrap.
- Q13: Are there side effects?**
A13: No. You may experience the skin irritation if you' re allergic to the fibers.
- Q14: Can I place the device on my foot?**
A14: Yes. The mitten is designed for limbs, even your pet's (except for face and head).

- Q15: What situations should I not use the therapy?**
A15: When you suffer high fever, tumour, open tuberculosis, heart disease, acute soft tissue injury.
- Q16: Can I use it while sleeping?**
A16: Yes, but pay attention to not treading or pressing on the light.
- Q17: Can multiple people share the device?**
A17: Yes.
- Q18: Can I put the device into water for washing?**
A18: No.

Contact Us

- Consumers and clinicians call: +86-139-2922-1675 (Skype)- for all other questions or customer care needs, please email: dgyao@dgyao.net
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

DONG GUAN TOP YAO INDUSTRY CO.,LTD

- ▶ Email: dgyao@dgyao.net
- ▶ Facebook: @dgyaocn
- ▶ Skype: +86 139 2922 1675
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