



KNEE



ELBOW

HOME THERAPY 2 IN 1 KNEE ELBOW

User Manual

Relax Muscles + Enhance Circulation

Accelerate Healing + Relieve Pain

Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

PACKAGE CONTENTS



1. 1x Red & Infrared LED Light Therapy knee and elbow (includes 88 red lights & 88 infrared lights)
2. Remote (with 20-minutes auto shut-off timer)
3. 1x AC Adapter (AC 100-240V) & Power Cord
4. 1x DC Cord

Model:	RLT-KNEE
Material:	75% neoprene and 25% velvet
Effective area:	13.8 X 8inch
Power supply:	AC100-240 V or DC 12V DGYAO Portable Battery
Frequency:	50/60 Hz
Wavelength:	660nm+880nm
Number:	88pcs Red lights & 88pcs IR lights
Light Beads Craft:	DIP
Temperature :	Max 104 °F
N.W:	610g
G.W:	790g

INTRODUCTION

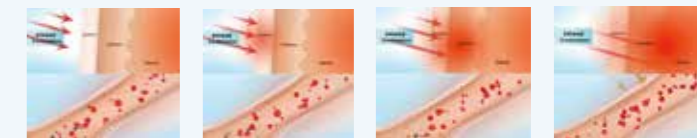
Thank you for purchasing your DGYAO red & infrared light therapy!

Each DGYAO knee pads has built-in infrared lights (880nm wavelength)+red lights (660nm wavelength). Studies have shown that a combination of infrared +red light therapy increases circulation, accelerates nerve regeneration, reduces pain, relaxes muscles, and more.

We recommend using your device at least once a day - in 20 minute period to - enjoy the full benefits of this powerful light therapy.



GETTING STARTED



Follow the below instructions to get started and enjoy the benefits of your new device:

1. Connect the DGYAO knee reliever pad to either of the two DC ports on the remote control unit* Note: Remote has two DC ports. The 2nd port is a spare port for connecting a second knee pad (sold separately).
2. Connect the AC Adapter to the remote.
3. Connect power cord to the AC Adapter.
4. Plug power cord into outlet (use USA to UK/EU adapter in the UK/Europe).
5. Press the ON/OFF switch on the remote to turn the lights on* Note: Lights will auto-shut off after 20 minutes. You may turn them back on with the ON/OFF switch. You may use the device multiple times a day, but do NOT exceed 40 minutes of use in one session.
6. For maximum benefit, We recommend that using the light therapy knee pad on naked skin directly.

RED LIGHT THERAPY WARRANTY

Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

SPECIFIC WARRANTY POLICY

- 1-Year defects liability period.
- 60 days return and replacement warranty and 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return requests as "I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect usage effect.
- Keep the original outer package for successful return.



FREQUENTLY ASKED QUESTIONS

- Q1: What should therapy feel like?**
A1: You should feel mild warm-up on your knees and elbows relax.
- Q2: Will it be hot ?**
A2: Not too much. It is warm but in no way it burn you.
- Q3: What's the wavelength of the lights?**
A3: 88pcs 660nm in red lights and 88pcs 880nm in infrared lights.
- Q4: Why are only half part of lights on?**
A4: All the lights are working, but 660nm LED are visible red lights, and 880nm near-infrared LED is invisible lights.
- Q5: How often should I use it?**
A5: You may use it for 1-3 times per day, 20 minutes each time. Take a rest and drink some water to relax yourself before next following use.
- Q6: Can I use it while traveling?**
A6: No, you need to buy another set. The DGYAO Power Bank set.
- Q7: Can it contact with my skin directly?**
A7: Yes.
- Q8: What is the dimension of the system?**
A8: 13.8" x 8" Therapy area.
- Q9: How long is the connector strips?**
A9: Total 15 ft (4.56 meters).
- Q10: Does it need to be plugged into the socket?**
A10: Yes. U.S. standard Input AC 110-240V, Output DC 12V. EU/UK needs conversion plug.
- Q11: How long will it take to experience relief?**
A11: We recommend wearing it for 2-3 therapy sessions per day for the first month. Please be patient because it may take several weeks to experience optimal relief.
- Q12: Can I use this with pain medications?**
A12: Speak to your doctor about your pain medication use in conjunction with our wrap.
- Q13: Are there side effects?**
A13: No. You may experience the skin irritation if you're allergic to the fibers.
- Q14: Can I put the device on my hand joints?**
A14: Yes. DGYAO light therapy equipment is used for knee and elbow treatment, even your pet (except for face and head).
- Q15: Can people with heart disease or heart pacemaker use it?**
A15: No.

- Q16: What situations should I not use the therapy?**
A16: When you suffer high fever, tumour, open tuberculosis, heart disease, acute soft tissue injury.
- Q17: Can I use it while sleeping?**
A17: Yes, but pay attention to not treading or pressing on the light.
- Q18: Can multiple people share the device?**
A18: Yes.
- Q19: Can I put the device into water for washing?**
A19: No.

Contact Us

- Consumers and clinicians call: +86-139-2922-1675 (Skype)- for all other questions or customer care needs, please email: dgyao@dgyao.net
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

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